

Marítim Port Sprints

24-25th July

1. **Rowing, Boats, Regattas** A Rowing Port Sprints regatta is a regatta in which all rowers use Coastal Rowing boats as defined in the Coastal Rowing Rules.

2. **Age Categories**

The following age categories for rowers are recognized:

- Cadet (date of birth 2005-2006)
- Juvenil (date of birth 2003-2004)
- Senior

3. **Boat Classes**

The following boat classes will be recognized:

Cadet: C2x F/M

Juvenil: C2x F/M

C4x+ F/M

Senior: C1x F/M

C2x Mix

C4x+ F/M

4. **Characteristics of the Racecourse**

The racecourse shall provide, as far as possible, fair and equal racing conditions for all crews. This shall require sufficient width of the start area to allow all the crews in each race to start without interference from other crews.

The course shall comprise a water section.

the course will comprise, for each lane, a series of three lane buoys in each racing lane, the first buoy positioned approximately 90 meters from the water edge, the second buoy a further 80 meters out and the third buoy a further 80 meters out, all in a straight line. There shall be two or three lanes for this event.

Course makers

For safety and visibility purposes, the buoys used to mark the turning points shall be inflatable or other soft-surface type which will not cause damage to boats and equipment and shall each be approximately 150cm high. The first two buoys from the line start in each lane shall be approximately 50 to 100 cm in diameter and the farthest turning buoy shall be between 75cm and 125cm in diameter.

Start and Finish Lines

The orientation of the start and finish line shall in principle be perpendicular to the rowing course.

5. **Race Format** “Slalom out / straight back” When all crews are in their boats, they will race from the line start in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy. After rounding the last buoy, they will then race directly in a straight line back to the finish line. Crews must ensure that they go around each of the three buoys in turn in the correct direction on the water.
6. **Racing Distance Marítim Port Sprints** to start and to finish the race with on-water distance of 250 meters from the start line to the farthest turning buoy. The race will then comprise 250 meters (buoys at approximately 90m + 80m + 80m) row out, a similar 250 meters row back to the finish.
7. **Progression System** The progression system for Marítim Port Sprints rowing will be time trials in order to bring the number of crews remaining in the medal competition in each event down to nine (9).

The organizing committee may place a limit on the number of crews from which entries will be accepted.

8. **Adverse Weather Conditions** the Chief Umpire, in consultation with the Regatta Chair and the organizing committee, will take all decisions on any delay, postponement or cancellation of races, or of changes to the course, resulting from adverse weather conditions or other matters relating to the safety of rowers and equipment and officials on the water or the fairness of the course.
9. **The Start** During the start procedure, the boats will be lined up in the water in the start position. The boats will be held reasonably in line and shall be positioned so that the centers of boats are in a line with the buoys in their lane. The Judge at the Finish, with the advice of the Aligner, shall determine whether the boats are reasonably in line and shall take such action as necessary to ensure this. They start to row when the signal is given.

The Start Procedure the Starter shall inform the crews when there are two minutes, and one minutes remaining before the start time. There shall be a Judge at the Start who shall be positioned in such location as to be able to properly carry out her/his responsibilities. Where s/he considers it necessary, the Chief Umpire may instruct another Umpire to assist the Judge at the Start in his duties. The Judge at the Start shall be responsible to decide if any crew has caused a false star.

When there are 30 seconds to the start, the Starter will alert the crews by saying “Get ready!” after which alert the Starter may start the race at any time, having considered the wave conditions and any other factors. To give the start signal, the Starter will say “Attention!” and shall then raise a red flag to the vertical position above his head. After

a clear pause, the Starter shall then give the signal to start by dropping in one fast downward motion the red flag.

The official start signal will be the moment the red flag starts to move downwards.

False start The Judge at the Start will be the sole judge of a false start. When a false start is committed the Judge at the Start shall immediately raise a red flag and the Starter shall stop the race by waving a red flag and sounding repeated blasts on a horn until all crews have stopped. The Judge at the Start shall inform the Starter which crew has caused a false start and the Starter shall award the crew a Yellow Card. A crew causing two false starts or receiving two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event by the Starter.

10. **Responsibility of the Rowers** When turning around the buoys, crews are permitted to touch the turning buoys with their boat or oars, but the keel of the boat must pass around the designated side of the buoy. In order to finish the race a crew must correctly round all designated turning markers and must complete the full course as designated by the organizing committee. A crew not correctly rounding any buoy on the course shall be awarded a time penalty as follows: • Not correctly rounding the first or second buoy from the line start – 30 seconds each instance: • Not correctly rounding the third buoy from the line start – 60 seconds.

Crews rowing in a dangerous manner or in a way which is considered out of control may be excluded or otherwise penalized by the umpire.